

Paula Joyce lecture series starts Nov. 2 at CSI

Connecting with God always has been a driving force in Jewish tradition. Today we do it mostly through formal prayer and Torah study. Starting Nov. 2, Paula Joyce will teach a course open to the public at Congregation Shearith Israel that will help you see, feel and know God in your daily life.

Paula Joyce, Ph.D., is a Life Coach, speaker and author. She has been teaching adults for over 40 years, was listed in "Who's Who in World Jewry" and was the first Melton Adult Mini-School chair in Dallas.

Feeling God's presence has become more challenging in our sophisticated and intellectual society. About 20 years ago, Paula chose to visit her mother to reclaim what seemed natural in her childhood. She remembered standing in awe as her mother poured out her deepest desires and longings to the one source



Paula Joyce, Ph.D., will help course participants connect more deeply with their souls and with God.

she knew was listening and would provide solace, even when her wishes didn't come true in a fairytale fashion.

On that visit, Paula and her mother had no deep theological conversations. Paula never even divulged the

real reason she came. Merely by observing, she discovered her mother's unflinching connection with God. In her mother's circle of friends, "God willing" and "Thank God" were ubiquitous. Their words were heartfelt. When they invoked God's name, they were truly speaking to God. No matter what hardships they had experienced, they never doubted God's presence in their lives.

In those few days, Paula's relationship with God transformed from existing only in formal prayer to being a constant in her life. As with any relationship, the more she gives to it, the deeper and more profound it becomes. That visit set Paula on a life-long journey of discovering increasingly meaningful ways to see, feel and experience God as a positive force in her life.

This path has led to profound changes and healing on the physical, mental, emotional and spiritual levels. Paula's belief, like Einstein's, that we live in a friendly universe, has helped her half-empty glass become overflowing. Now when things are

not as she wishes, she looks for the learning and feels the greater ease provided by calling on God for guidance, strength and wisdom. Paula sees life's difficulties as action steps that are necessary for developing the character and knowledge needed to recognize and appreciate the blessings she has asked for in prayer. Each challenge offers an opportunity to make wiser, healthier and more self-loving decisions that lead her to what she wants. Seeing the answers to prayers as occurring step by step has resulted in peace of mind and a happier, more fulfilling life.

Hearing and believing the still small voice within, the part of us that can only be felt, takes trust because the logical, verbal, "I'll only believe it if I can touch it" part of our mind speaks so loudly and so convincingly. We can get back in touch with that part of ourselves that knows God, knows the truth and holds the seed of who we really are.

In this course, Paula will teach simple techniques that will help you

connect more deeply with your soul and God. Participants in her classes have this to say: Jackie Waldman, "Paula has wonderful presentation skills. Her talent, expertise and passion shine brightly." Miriam Friedman, "Paula's insights are profound — she has led me out of the dark night of the soul into the light of spiritual trust."

"Connecting with God" will enrich your life and your spirit. The weekly topics are: "Talking to God"; "Listening to and Receiving from God"; "Moving Beyond Fear, Blame and Guilt"; and "Co-Creating with God." The sessions will be held the first four Monday nights in November (2, 9, 16 and 23) from 7 to 9 p.m. in Shearith Israel's Fonberg Chapel. The total cost is \$36. Please register by Oct. 26 with Jo at jreingold@shearith.org or 214-361-6606 to ensure that the minimum of eight participants is met. For questions, contact Paula at paula@paulajoyce.com or 972-788-2393. Additional information about Paula is available at www.paulajoyce.com.



Albertsons
It means a great deal.

visit Albertsons location
at 7007 Arapaho Rd. in Dallas, TX.,
and Albertsons location at
4650 S.W. Loop 820 in Fort Worth, TX.

great deals
all week long!



EMPIRE
Chicken Cut-Ups
8 Piece
2⁵⁹
lb.



SOLOMONS
Boneless, Beef
Stew Meat
Glatt Kosher
6⁹⁹
lb.



FOX'S U-BET
Original
Chocolate Syrup
24 oz.
2\$5



MANISCHEWITZ
Matzo Ball or
Soup Mix
4.5-5 oz., Assorted
Varieties
2\$5



MANISCHEWITZ
All Whitefish
24 oz. In Jelly or
Liquid Broth
6⁹⁹
ea.



MANISCHEWITZ
Yolk Free
Noodles
12 oz., Assorted
Varieties
2\$4

Prices Effective October 22 Thru October 28, 2009
At 7007 Arapaho Rd. in Dallas, TX.,
and Albertsons location at 4650 S.W. Loop 820 in Fort Worth, TX.



The University of Texas at Dallas
Burton C. Einspruch Holocaust Lecture Series
features winner of the National Jewish Book Award

DAVID PATTERSON

"The Nazi Assault on the Holy within the Human"
Sun., Nov. 1, 4 p.m.

"The Black Book of Lithuanian Jewry"
Mon., Nov. 2, 9 a.m.

UT Dallas Conference Center

Dr. David Patterson is the Bornblum Chair of Excellence in Judaic Studies and Director of the Bornblum Judaic Studies Program at The University of Memphis. He is the winner of the National Jewish Book Award, the ALA Award for Outstanding Reference Source for his work on the *Encyclopedia of Holocaust Literature*, and the Koret Jewish Book Award for Jewish Thought and Philosophy.

utdallas.edu/holocaust

This is event is free of charge, however reservations are required.
E-mail: holocauststudies@utdallas.edu or call 972-883-2100



Pardon Our Progress: Due to campus construction, please visit utdallas.edu/pardonourprogress for driving and parking changes. For assistance, call 972-883-2100 or Texas Relay Operator 1-800-RELAYTX.